# WICHITA STATE UNIVERSITY

## **Program Review Self-Study Template**

Academic unit: Human Performance Studies

College: **Education** 

Date of last review: 2008

Date of last accreditation report (if relevant): NA

List all degrees described in this report (add lines as necessary)

Degrap: BA Athletic Training

CIP\* code: 51.0913

CIP\* code: 21.0505

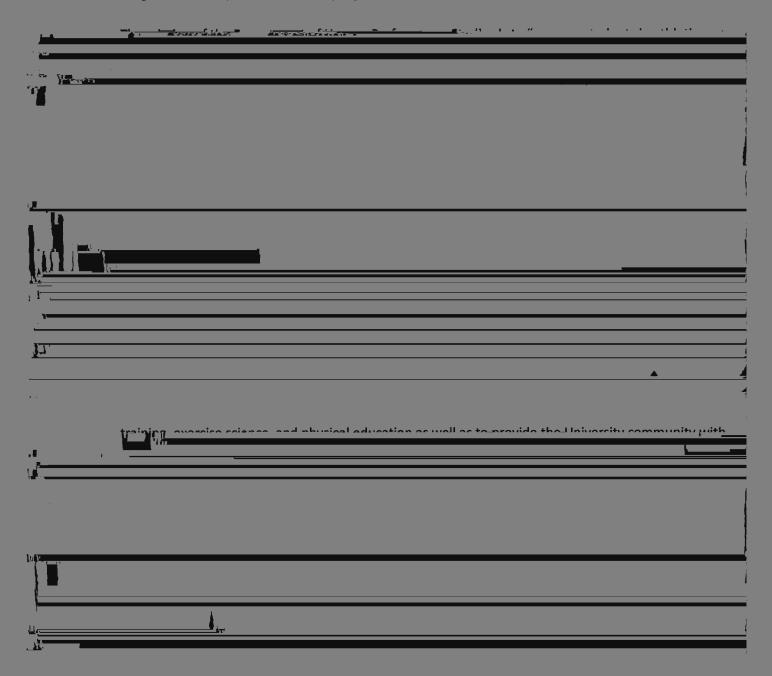
CIP\* code: 21.0505

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### a. University Mission:

The mission of Wichita State University is to be an essential educational, cultural, and economic driver for Kansas and the greater public good.

b. Program Mission (if more than one program, list each mission):



d.	Has the mission of the Program (s) changed since last review?   Yes  No
	i. If yes, describe in 1-2 concise paragraphs. If no, is there a need to change?
е	Provide an overall description of your program (s) including a list of the measurable goals and objectives of the <a href="mailto:program">program</a> (s) (programmatic). Have they changed since the last review?  The second of the measurable goals and objectives of the program (s) (programmatic). Have they changed since the last review?  The second of the measurable goals and objectives of the program (s) (programmatic). Have they changed since the last review?  The second of the program (s) (programmatic) and objectives of the program (s) (programmatic). Have they changed since the last review?  The second of the program (s) (programmatic) and objectives of the programmatic (s) (programma
	The year, describe the changes in a consist manner.
	All programs are focused on outcomes assessment, which include both program-level intended
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	report for tables of student learner outcomes for the graduate and undergraduate programs and the specific measures/assessment tools associated with each outcome.  The Department of Human Performance Studies (HPS) offers a four-year program of study leading to a
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and understand risk management, healthcare delivery mechanisms, insurance, reimbursement, documentation, patient privacy, and facility management. (Healthcare Administration).

7) Students will demonstrate the ability to function within the context of a complex healthcare system

weight gain/loss/maintenance, eating disorders, nutritional fads and consumer nutrition/food labeling.

6)	Students will complete a study of wellness topics and physical fitness concepts including the health-
	related components of fitness, fitness assessment, and basic exercise program design. The student
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	apparatus to include contraindications for testing, testing procedures, guidelines for stopping a test, interpretation of the test data, and exercise recommendations.
7)	The student will complete an introduction to organizing, analyzing, and presenting data with basic descriptive (measures of central tendency and variance or dispersion) and inferential (t-tests, and
	simple prediction/regression) statistics; the use of computer applications is encouraged. The studen will complete an introduction to the basics of conducting research including the collection of data, the application of data, and the presentation of the results

built upon a philosophy of educating students about the benefits of physical activity and healthy decision-making. The curriculum focuses on how physical educators can educate their own young students in the public schools who will possess a continuum of physical abilities, diverse cultures, and intelligible characteristic physical philips characteristic physical philips characteristic physical philips characteristic physical physi

For the physical education program there are seven student learner outcomes that serve as the goals/objectives regarding the program. These goals are:

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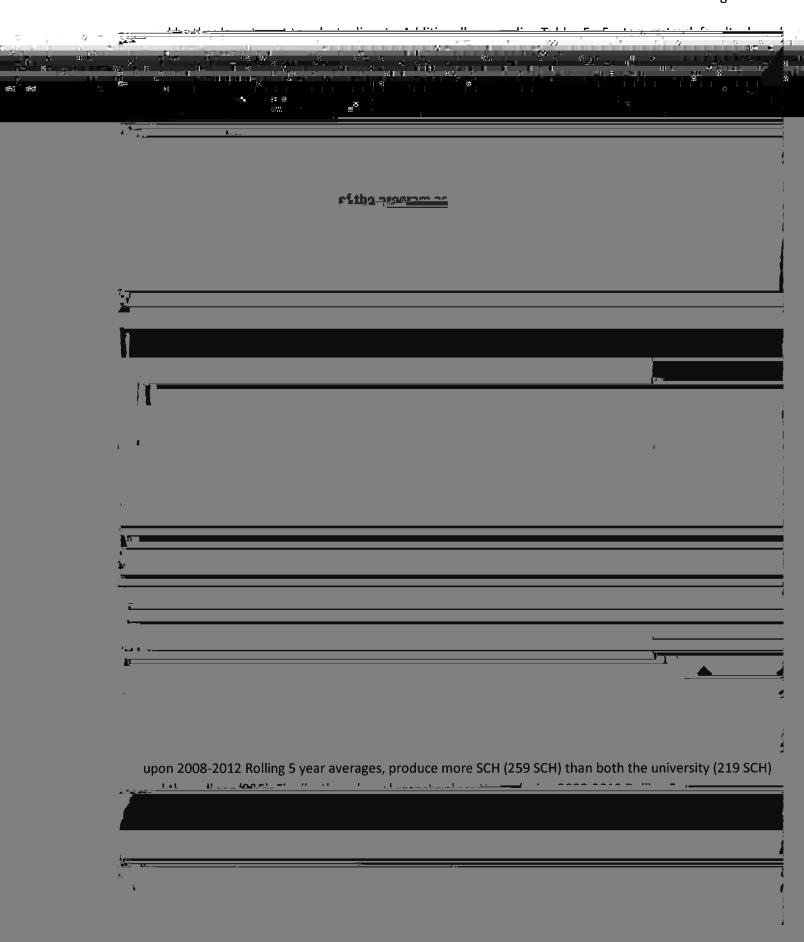
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	Numbe	er	Numb	er	Confe	erence	Performa	nces			Creativ	ve	No.	Book	Awarded or	\$ Grant
	Journal Articles		Presentations		Proceedings				Work			Books	Chaps.	Submitted	Value	
	Ref	Non- Ref	Ref	Non- Ref	Ref	Non- Ref	**	***	Juried	****	Juried	Non- Juried				
Year 1 2011																\$209,31
Year 2 2012				4											6	\$40,500
Year 3 2013	20		39											1		\$134,01



Faculty publications have appeared in premier exercise science journals including International J of Athletic Therapy and Training, International Journal of Sports Physical Therapy, International Journal of Speech-Language Pathology, International Journal of Applied Science and Technology, International Journal of

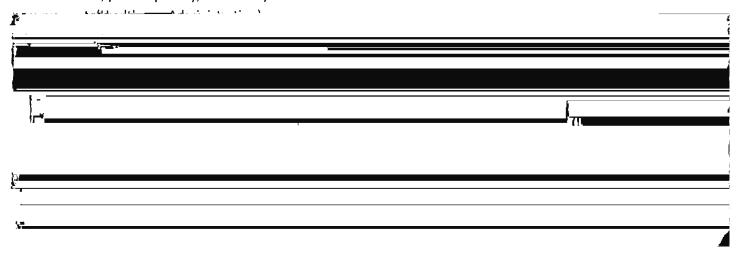
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Densitometry, Journal of Bodywork and Movement Therapies, International Journal of Sports Physiology and Performance, Journal of Sports Science and Medicine, Medical Hypotheses, National Strength and Conditioning Performance Journal, Age, European Journal of Applied Physiology, Geriatrics and Gerontology International, Activities, Adaptation, and Aging, Journal of Women and Aging, Rehabilitation Nursing, Maturitas, Journal of Active Aging, Aging Health, Journal of Human Kinetics, and Journal of Aging Research.



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utcomes)	es (most programs will have multiple	Assessment Tool (e.g., portfolios, rubrics, exams)	Target/Criteria Res	sults Analysis
= WI	V -	*, *,	achievement)	
No. 1st				
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			6.	
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	project evaluated by a rubric).			
	<u>Criterion/Target</u> : Percentage of program s of the students will demonstrate satisfactors		tcome for demonstrating progra	m effectiveness (e.g., 90
	Result: Actual achievement on each learni	ing outcome measurement (e.g., 95%).	Ţ	
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mechanisms, insurance, reimbursement, documentation, patient privacy, and facility

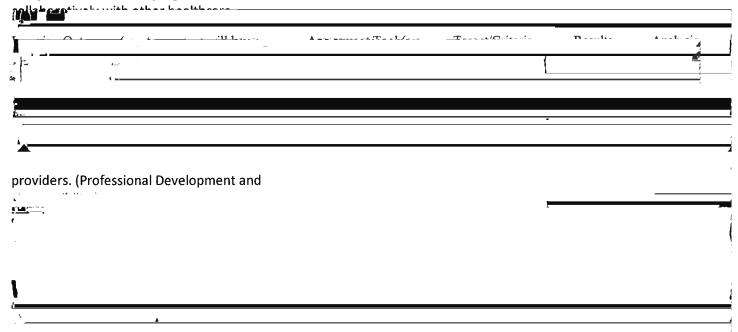


Students will demonstrate the understanding maintaining competence in healthcare, embrace the athletic training practice within the limits of state and national regulations using moral and ethical judgment, and work

Exams in HPS 442 Class project in HPS 442 Exams in HPS 114 Exams/labs in HPS 331 60% or better

100%

Exceeds expectations



Students will demonstrate the clinical integration proficiencies that represent the synthesis and integrations of knowledge, skills, and clinical decision-making into actual client/patient care. (Clinical Integration Proficiencies).

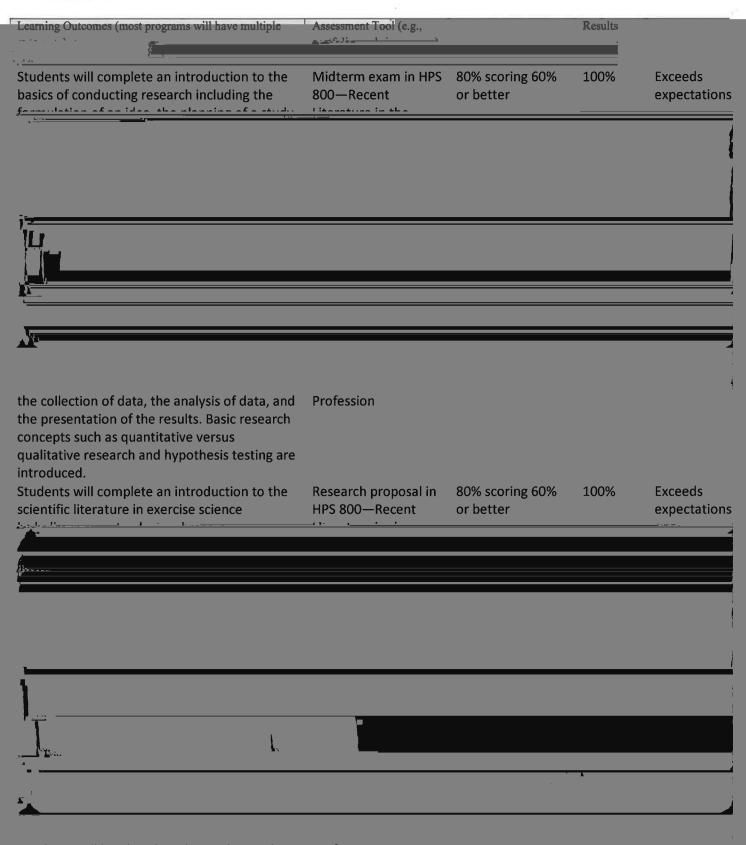
Labs in HPS 114
Labs in HPS 130
Labs in HPS 331
Labs in HPS 350
Labs in HPS 351
Labs in HPS 352
Labs in HPS 440
Class project in HPS 442
Labs in HPS 450

60% or better 100% Exceeds expectat

expectations

medium. Students will complete a study of the energy Final exam in HPS 80% scoring 60% 93% **Exceeds** Jod to energy, and measurement of this **Exercise** energy), the cardiorespiratory system, and the neuromuscular system, and how these systems respond and adapt to exercise, and a 1 20 1

#### Exercise Science—MEd



Emphasis will be placed on the reading and critical evaluation of research literature with

**Profession** 

testing apparatus to include contraindications		
for testing, testing procedures, guidelines for		
topping a test, interpretation of the test data,		
nd exercise recommendations.		

## **Physical Education**

Data collected from practical planning and teaching assignments in HPS 471/472 (Secondary/Elementary Student Teaching) and HPS 31/324 (Secondary/Elementary Physical Education Methods).

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Learning Outcomes (most	Assessment Tool (e.g., portfolios, rubrics, exams)	Target/Criteria (desired	Results	Analysis
programs will have multiple outcomes) Lesson Plan Rubric for HPS 471/472, Dimensions 1, 3, 5,	The teacher of physical education uses an understanding of individual group motivation and behavior to create a safe	program level achievement) Dimension 1: 77% Dimension 3: 90% Dimension 5: 90%	80% of students score	Dimensions 1 and 7 do not meet
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Practical lesson	positive social interaction, active	Dimension 7: 77%	or higher.	Dimensions 3,
planning <u>assig</u> nments.	engagement in learning and self- motivation.			5, and 6 meet expectations.
Unit Plan of Instruction	The teacher of physical education	Dimension 1: 87%	80% of	Meets
N.	1			

#### Target/Criteria (desired

Learning Outcomes (most programs will have multiple outcomes)

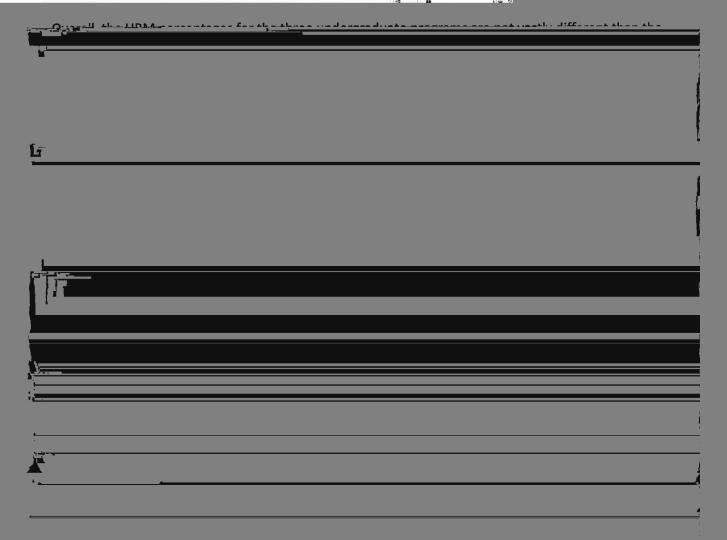
concents for the development of a accentable Jnstructional or higher. Planning and physically educated learner. Design, Items 1 and The teacher of physical education understands the need to foster 12 Wichita State College of relationships with colleagues, **Education Student** parents/guardians and other **Teaching** professionals in the learning community **Evaluation Form** and seeks opportunities to grow professionally. Lesson Plan Rubric for The teacher of physical education 96% 80% of **Exceeds** HPS 311/324, understands and uses formal and students **Expectations Dimension 8** informal assessment strategies to foster score Practical alignment of the learning and skill development of all acceptabl objective, learners in physical activity e or higher. instruction and assessment for a lesson plan. 74% 80% of Does not Assessment Rubric The teacher of physical education Practical assassment.... Thyought July and need formal and ctudante most informal assessment strategies to foster expectations assignment in HPS score 311 and HPS 324. the learning and skill development of all acceptable

(70 EV and 20 AV) during the came years \_ satisfaction levels during 2012 (96.0%) and 2013 (88.2%), which are higher satisfaction rates as compared to the College of Education (86.8% and 86%) and the university (80% and 82.5%) during the same years.

higher satisfaction rates as compared to the College of Education (74.3% and 81.1%) and the university

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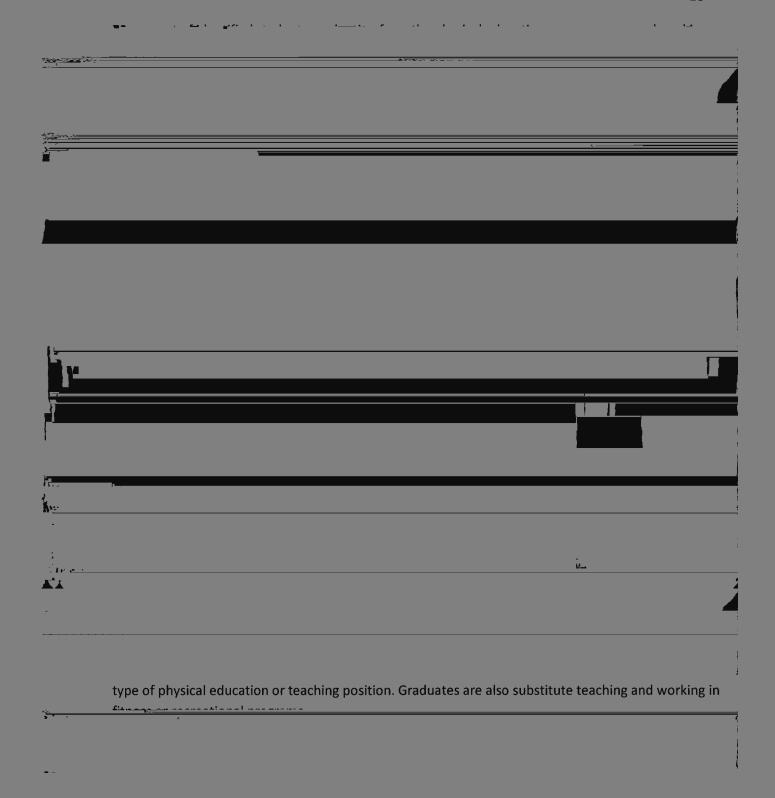
Academic	University	College	Athletic	Exercise	Physical
classification	%	%	Training %	Science %	<b>Education %</b>
Fr. & Soph	16.8	12.4	18.0	12.6	10.9
Jr. & Sr.	13.9	10.9	6.7	14.1	12.9
Masters	8.8	8.6	NA	10.0	NA



University or College of Education percentages. The URM percentages for the exercise science graduate program are slightly above both the university and college URM percentages.

b. Utilize the table below to provide data that demonstrates student need and demand for the program

Provide a brief assessment of student need and demand using the data from tables 11-15 from the Office of Planning and Analysis and from the table above. Include the most common types of positions, in terms of employment graduates can expect



6. Report on the Program's goal (s) from the last review. List the goal (s), data that may have been collected to support the goal, and the outcome. Complete for each program if appropriate (refer to instructions in the WSU Program Review document for more information on completing this section).

Assessment Data Analyzed Indicators/Benchmarks Outcomes (Last 3 FY) Goal (s) 1. Aggregated SPTE Data 1. Median result for perceived 1. One tenure-track position Recruit, hire, and retain diverse, high quality 2. Faculty Scholarship Record quality index of "good" or has been added since 2004. administrators, faculty and 3. Faculty/Staff Advising better. All other data to be 2. Multiple college awards المصمانات ستمام مامة سمة المارية المراوع والموروط O+- cc C... 41 7 Fridance of achievement 5. Advisory Council based on department and non-instructional support indicating faculty and staff are 6. Annual faculty/staff review scholarship policies engaging in quality work. of strategic plan 3. Average score of 3 or better

promote intellectual	3. Review of	Exercise science is in the
exploration, and (c) enhance	hardware/software updates	process of designing its own
learning	within the department	technology course.
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